



## 52<sup>nd</sup> District

# “Passing It On”

500 South Broadway, Suite 114, Santa Maria, CA 93454  
805-925-3782

### Step 1

**“We admitted we were powerless over alcohol – that our lives had become unmanageable.”**

*“Our admissions of personal powerlessness finally turn out to be firm bedrock upon which happy and purposeful lives may be built.”* (Twelve Steps and Twelve Traditions, p 21)

### Tradition 1

**“Our common welfare should come first; personal recovery depends on AA unity.**

*“Without unity, the heart of A.A. would cease to beat...”* (Twelve Steps and Twelve Traditions, p 129)

### First Step Prayer

Dear Lord,

I admit that I am powerless over my addiction

I admit that my life is unmanageable when I try to control it.

Help me this day to understand the true meaning of powerlessness.

Remove from me all denial of my addiction.

### Step 2

**“Came to believe that a Power greater than ourselves could restore us to sanity.”**

*“Belief meant reliance, not defiance.”* (Twelve Steps and Twelve Traditions, p 31)

### Tradition 2

**“For our group purpose, there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”**

### Second Step Prayer

Heavenly Father,

I know in my heart that only You can restore me to sanity.

I humbly ask that You remove all twisted thought and addictive behavior from me this day.

Heal my spirit and restore in me a clear mind.

## New in this Issue

### 52's CLUES

Be the first to correctly answer the question below and win your choice of The Big Book, 12 Steps & 12 Traditions or Reflections. Here's your clue:

- In our last Newsletter, one of the articles mentioned that in the early days of AA, 12 Step calls were made by members wearing what to maintain their anonymity? E-mail your answer to [nsagg98@yahoo.com](mailto:nsagg98@yahoo.com) and if it's the first correct answer, you win!

### DID YOU KNOW THAT...

- *Before cassette and video, Speakers were recorded on vinyl records for listening at home.*
- *You can now listen to Speakers on our website, [www.aa52centraloffice.org](http://www.aa52centraloffice.org). Click "AA Talks" and follow the instructions.*
- *The one-millionth copy of The Big Book of Alcoholics Anonymous was given to Richard Nixon.*
- *The first issue of "Grapevine" was published in June of 1944, nine years after the founding of AA. A copy was sent to each of the 300 AA groups which existed at that time.*
- *You probably know this one, but it's good to be reminded: H.A.L.T.....don't get too Hungry, Angry, Lonely or Tired!*



### Beware the 13<sup>th</sup> Stepper

What is a 13<sup>th</sup> Stepper? A 13<sup>th</sup> Stepper is a man or woman who preys on newcomers. They can be very charming and attentive, and seem to be knowledgeable about the Program. They seek out those who can help them achieve their basic needs – sexual, financial and/or emotional. They are self-seeking people who are unable to take care of themselves. Once a 13<sup>th</sup> Stepper is finished with you, they just go on to someone else. They could care less about loyalty.

This is especially dangerous for the newcomer who is seeking love, trust, self-worth, and balance. It is important that the newcomer devote all of his/her energy to sobriety. Any serious AA member will agree that the first year in AA should be devoted to the gift of sobriety. Allow yourself to grow, discover and familiarize yourself with this beautiful design for living, Alcoholics Anonymous.

If you feel you are being pushed too far too soon, stand back and ask questions. Seek the friendships of those who speak of the "Message". Keep it simple. Keep coming back.

Take it from me. I was 13<sup>th</sup> Stepped. The caring hands of AA were there to catch me before I fell. However, there are those who have lost their sobriety, emotional stability and their trust in AA as a result of their encounter with a 13<sup>th</sup> Stepper.

Remember, you are a beautiful child of God. Don't let anyone rain on your parade.

Yours in the spirit,  
Anonymous, Orcutt

***Isolation is the dark room where we develop our negatives.***

**Central Office Board of Directors**

Chairman: Keith D.  
Co-Chair: Patrick S.  
Treasurer: Wade W.  
Secretary:

**Board Members**

Doug T.



**Alcoholics Anonymous Website**

[www.aa.org](http://www.aa.org)  
District 52 Website  
[www.aadistrict52.org](http://www.aadistrict52.org)  
Central Office Website  
[www.aa52centraloffice.org](http://www.aa52centraloffice.org)

**Monthly Service Meetings**

**1<sup>st</sup> Saturday of month: 10:00am**  
Intergroup Committee (Central Office)  
1600 Club 324 West Cypress St. SM, CA  
**3<sup>rd</sup> Saturday of month: 10:00am**  
Central Coast Round-Up Meeting  
1600 Club 324 Cypress St., S.M., CA  
**2<sup>nd</sup> Sunday of month: 10:00am**  
GSR meeting – location varies  
Call Yolanda M. 805-314-2092  
**3<sup>rd</sup> Thursday of month: 6:45pm**  
North S.B. H&I Committee Meeting  
Freedom Group  
113 N. V St. Lompoc, CA

**Central Office Board Meetings**

Every 4<sup>th</sup> Wednesday of the month  
5:15pm Starbucks in Food Max Shopping  
Center South, Broadway & McCoy

**Steering Committee Meetings**

Freedom Group - 2nd Sunday of the month  
Santa Maria Golden Group – 2<sup>nd</sup> Thursday of the month  
Santa Maria Valley Group – 2<sup>nd</sup> Tuesday of every month

**What's Happening in Central Office**

	<u>Nov. 13-30, 2013</u>	<u>Dec. 2013</u>
AA Information Calls	17	42
12 Step Calls	1	2
Al-Anon Referrals	0	3
Office Walk-Ins	8	18
Out of Town Visitors	0	3
Chip Sales	16	66
Book Sales	31	31
Directory/Pamphlet Sales	138	105



**THANKS TO THESE VOLUNTEERS AT THE CENTRAL OFFICE**

**Arlene H, Billy N, Donna M, Lisa B, Michael B, Nancy N,  
Samantha, Shirley M, Tom W, Wade W**

***Sobriety delivers everything alcohol promised.***

**We'll Be Going Where?**

1/9-1/12/14      24<sup>th</sup> Annual River Roundup, Laughlin - Riverside  
Resort For info check: [www.rcco-aa.org](http://www.rcco-aa.org)

1/25-2/2/1      Recovery Conference @ Sea  
8 Day Eastern Caribbean Cruise  
[www.travelsober.com](http://www.travelsober.com)

2/6-2/9/14      50<sup>th</sup> Int'l Women's Conference, Honolulu, HI  
[www.internationalwomensconference.org](http://www.internationalwomensconference.org)

2/21-2/23/14      28<sup>th</sup> Live & Let Live Lesbian Roundup, Julian, CA  
**Write: Ch., 1711 Parrot St, San Diego 92105.**

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**November 2013  
District 52 Central Office Accounting Snapshot**

**Donations**

**Group**

Love of the Nurse Meeting	\$ 80.00
6am Sickies Group	\$167.94
Book Table @ CCRU	<u>\$ 22.35</u>
<b>Total Group</b>	<b>\$270.29</b>

**Individual**

Alison – 22 years	\$ 22.00
Anonymous	\$ 4.00
Danelle W.	\$ 20.00
Keith D.	\$ 10.00
Nancy N.	\$ 20.00
Patrick – 29 years	\$ 29.00
Robert – 32 years	\$ 32.00
Shirley	<u>\$ 1.80</u>
<b>Total Individual</b>	<b>\$138.80</b>
<b>Total Service</b>	<b>\$409.09</b>
<b>TOTAL</b>	<b>\$409.09</b>

**NOVEMBER TOTALS**

Group Donations	\$270.29
Individual Donations	<u>\$138.80</u>
<b>Total Donations</b>	<b>\$409.09</b>
Total Sales	<u>\$386.07</u>
<b>Total Sales and Donations</b>	<b>\$795.16</b>
Dinner	<u>\$ 24.00</u>
<b>TOTAL INCOME</b>	<b>\$819.16</b>

Bank Balance **\$1,770.50**

**Due in Less Than 30 Days**

Cable/Phone/Internet	\$198.98
Answering Service	\$110.00
Rent	\$350.00
Insurance	<u>\$ 0.58</u>
<b>TOTAL</b>	<b>\$659.56</b>

**RECEIVABLES \$401.11**

**Central Office Intergroup Meeting Minutes  
Saturday, December 7, 2013**

Meeting called to order by Keith at 10:04a.m.

**Keys:** Motion for Nancy to be Newsletter person with a key, passed unanimously. All 19 keys accounted for with 5 extras.

**Secretary's Report:** (Michael) November report was approved.

**Treasurer's Report:** (Wade) Bank balance is \$1,770.50. Insurance to be paid. Sales Tax is due in January, Spaghetti Dinner payments still arriving. Round-up book sales \$386.00 plus add'l \$24.00 in donations. Birthday envelopes were distributed and are working. Literature is being purchased from NY at a savings.

**IGR Reports:** Jeff (Airport group) reported things are steady. Neil (Goes to Any Length), things are steady. They do not have volunteers for taking 12 Step calls after hours. Gerry (Los Alamos Group) reported things are good/strong. Gerry is co-IGR for Pyramid Group. He will be off until January. Nursing Group donated \$95. Jim (6am Sickies) reported things are okay. Robert (Pyramid Group reports things are steady. He is co-IGR for Los Alamos Group. Billy/Dave (Golden Group) reported that the move was completed and that attendance is much better. Golden Group is now located above the District Office. 52<sup>nd</sup> District Liaison (Dave) said that the District Meeting would be held the following date (Sunday, 12/8) at 10am at the Freedom Group. The IGF Handbook is ready for review.

**Webmaster & Directories Report:** (Robert) The site is excellent and there will be no changes for now. An upgrade to a newer version of Front Page software is being considered.

**After Hours & 12 Step Report:** (Billy) Lompoc Valley Group has a new 4pm Sunday speaker meeting. Gardner spoke recently. Can upload Speaker audio onto website. Current directories are available and being distributed. Need to develop and distribute a District Volunteer list.

**Operations/Volunteers:** (Samantha) Samantha was voted into this position. She reported there are many position openings: Secretary, Literature/Chips. She wants to thank the volunteers we have.

**Literature/Chips:** (Vacant)

**Newsletter:** (Nancy) Looking for stories and input from members.

***God, Grant me the Serenity to accept the things I cannot change, the Courage to change the things I can, and the Wisdom to know the difference.  
Thy will, not mine, be done.***

## Central Office Intergroup Meeting Minutes 12/7/13 (cont'd)

**Fundraising:** (Vacant) Fundraising Meeting at Pappy's on 12/21/13 at 10am. February 14, 2014 – Event?

**Old Business:** Birthday envelopes are out and off to a good start. We will keep promoting. "This is AA" brochures are out. Secretary and Literature/Chips positions are still open.

**New Business:** Keith donated a glass case to District Office – thank you. Great having Golden Group nearby the District Office. Recently assisted with a meeting there.

**Donation Basket:** Passed around.

**Meeting adjourned at 10:55am.**

### In Attendance

Billy N., Gerry W., Jeff M., Jim N., Keith D., Michael B., Nancy N., David S., Neil O., Samantha F., Wade W.

**These Minutes will be corrected and approved at the January Board Meeting.**

## What is Central Office?

We carry A.A. books, pamphlets, chips, District 52 meeting directories and have fliers for upcoming conventions. We also have mailing labels for Meeting Treasurers to send donations to General Service, Area 93, District 52, H&I, and the Central Office.

We answer calls from people interested in AA, giving meeting information and answering questions.

We are located at 500 S. Broadway St. in Santa Maria. We are wheelchair and disabled accessible.

Our website is [www.aa52centraloffice.org](http://www.aa52centraloffice.org)  
You can find our meeting directory, newsletter, tapes of Speakers, and lots of AA information on this website.

We are managed by the Intergroup Committee and volunteers.

**We need volunteers to help keep the office open. Must have 6 months continuous sobriety and a good working knowledge of the 12 Steps. Call Samantha at 805-598-2147 if you can help!**

# Volunteers!



## OPPORTUNITIES TO HELP

Central Office needs office volunteers assist visitors and answer AA calls. Must have 6 months continuous sobriety and be working the 12 Steps with a sponsor. Call Samantha, Central Office Coordinator, at 805-598-2147 for information.

After Hours Phone Service – Help a fellow alcoholic who calls when Central Office is closed. Phones will be transferred to your home. Call Billy N. at 805-406-2312 for information.

Bridging the Gap – Meet new members at a treatment program or correctional facility. Help them find meetings, introduce them to other AA's, make sure they get phone numbers, and help them find a sponsor. For more info, call Steve K. at 818-433-0257.

Become a Supporting Member of Central Office by pledging \$5/month to receive the Newsletter at home.

Grab a Birthday Envelope from Central Office and donate a dollar for every year of sobriety.

***"Our real purpose is to fit ourselves to be of maximum service to God and the people about us."*** (The Big Book, p 77)

## SBNC Hospitals & Institutions Committee

Santa Barbara North County Hospitals & Institutions Committee is dedicated to providing AA meetings and literature to those confined to hospitals, jails, prisons, and other facilities that request support from Alcoholics Anonymous. SBNC Hospitals & Institutions Committee serves the 52<sup>nd</sup> District and meets on the third Thursday of every month at the Freedom Group in Lompoc at 6:45pm. Join us for an indescribable experience and will greatly enhance your sobriety.



### Speaker Meetings

#### Freedom Group Speakers Lompoc (Friday, 8pm)

Jan. 3 Steve G., Santa Barbara  
Jan. 10 Andie R., Santa Barbara  
Jan. 17 Janet B., Nipomo  
Jan. 24 Tammy Mc., Lompoc  
Jan. 31 Discussion Meeting

Feb. 7 Heather M., Santa Barbara  
Feb. 14 John Mc., Santa Barbara  
Feb. 21 Beth S., Lompoc  
Feb. 28 Discussion

March 7 Caleb B., Santa Barbara  
March 14 Natalie B., Santa Barbara  
March 21 TBA  
March 28 Discussion Meeting

#### **\*Lompoc Valley Group Unity Speaker Meeting (New Speaker Meeting)**

Lompoc Alano Club, 119 N. "D" St. (Sunday, 4pm)

Jan. 5 Billy N., Santa Maria  
Jan. 12 Alicia, Monterey  
Jan. 19 Patrick M, Carpenteria  
Jan. 26 Sara B, Santa Barbara

In honor of Valentine's Day, speakers will be couples in sobriety sharing how they use the principles to make their relationships last and flourish. Ann & Darrin W of Santa Maria and Mary & Jim McN of Santa Barbara are among the February speakers.

#### South County Speaker Meeting (1<sup>st</sup> Saturday, 8pm, Arroyo Grande)

Jan. 4 Patt O., Laguna Niguel  
Feb. 1 Deirdre A., Northridge

Santa Maria Golden Group  
(Saturdays, 8pm)

Santa Maria Live  
(4<sup>th</sup> Saturday, 8pm)

Santa Maria Valley Group  
1600 Club (Sunday, 7pm)

Jan. 5 Rob K., Arroyo Grande  
Jan. 12 Stacy, Lompoc  
Jan. 19 Ray R., Attascadero  
Jan. 26 Bob F., Simi Valley

Solvang Action Group  
Solvang Alano Club  
(Saturday, 8pm)

Women's Meeting – Freedom Group  
Lompoc (4<sup>th</sup> Saturday, 10-11am)

### Editor's Corner

During my sobriety, I have been privileged to hear a lot of wisdom and recovery in the AA meetings I've attended. From the newcomer inching through their first days of sobriety to the old timers who show us the way, each and every person who has shared has given those in the rooms something special.

It is my hope that some of that wisdom and those stories can make their way into our Newsletter. Please consider sharing your experience, strength and hope with others. Someone out there may really need to hear what you have to say.

Please e-mail your material for the Newsletter to:

**[nsagg98@yahoo.com](mailto:nsagg98@yahoo.com)**.

Or send it to:

52<sup>nd</sup> District Central Office  
500 So. Broadway, Suite 114  
Santa Maria, CA 93454

***WE KEEP IT BY GIVING IT AWAY!***

Thanks for letting me be of service,  
Nancy N., Editor